



Australia's Best  
Program Delivery Company

*Peak Results, Delivered Together*

# Rob Thomsett's RAPid Planning processes



Seven Consulting proudly supports the world-class Australian women's basketball team, the Seven Consulting Opals, currently ranked No. 2 globally, the FIBA Women's Asia Cup 2025 champions, and medal winners in the FIBA Women's World Cup 2024 and Paris 2024 Olympics. We also sponsor the Financy Women's Index, promoting gender financial equality in Australia.

Financy  
Women's  
Index



TEAMWORK • TRANSPARENCY • DELIVERY



## Program Delivery

We deliver some of Australia's most complex and challenging agile, traditional and hybrid programs.

We work with our clients to understand their organisational and program characteristics.

These inform how we design a delivery approach to produce the best outcome for our clients. Most of our consultants are scaled agile (SAFe) certified and manage billions of dollars of transformation programs that range in size from <\$1m to >\$500m.



## PMO Services

We provide PMO establishment and management, PMO analysis, scheduling services, and tools for some of the largest organisations in Australia.

This can range from scheduling services, to running the PMO for \$1.5bn programs, to EPMO management.

**All of our clients are reference sites**



## Change Management Services

We provide program change management, adding value from the inception of an initiative through to benefits realisation. We also support the integration of change management at an enterprise level to improve portfolio performance.



## Delivery Consulting

We provide delivery capability uplift, sponsor and project manager training, and portfolio and program reviews to assist our clients improve their program delivery. We have successfully provided these services to over 60 clients.



## Delivery Tools

We have leveraged decades of experience to develop world-leading tools which are used to assist our clients in; portfolio optimisation, delivery approach design and weekly insights into their delivery. These tools are used successfully on over \$5bn of programs annually.

**All of our clients are reference sites**

# Our Clients

*Seven Consulting has a proven track record delivering critical outcomes for Australian organisations across industries and domains. 100% of our clients are reference sites.*

 Woolworths Australia's fresh food people Client Since 2012	 nab Client Since 2013	 MACQUARIE Client Since 2014	 futurefund Australia's Sovereign Wealth Fund Client Since 2015	 agl Client Since 2017	 indue Client Since 2018	 ASX AUSTRALIAN SECURITIES EXCHANGE Client Since 2019	 THE UNIVERSITY OF SYDNEY Client Since 2019
 VAULT Australia's National HyperScale Cloud Client Since 2020	 HUNTER WATER Client Since 2020	 Coca-Cola EUROPACIFIC PARTNERS AUSTRALIA Client Since 2021	 COURT SERVICES VICTORIA Client Since 2022	 iress Client Since 2022	 dexus Client Since 2022	 Sunnyfield disAbility Services Client Since 2023	 Australia Post Client Since 2024
 nib Client Since 2024	 Australian Government Department of Employment and Workplace Relations Client Since 2024	 pepper money Client Since 2024	 Cuscal Client Since 2024	 Catholic Schools Parramatta Diocese Client Since 2024	 CLP 中 中電 Client Since 2024	 NSW GOVERNMENT   NSW Trustee & Guardian Client Since 2025	 NSW GOVERNMENT Department of Climate Change, Energy, Environment and Water Client Since 2025
 FOOTBALL AUSTRALIA Client Since 2025	 RioTinto Client Since 2025	 adairs Client Since 2025	 Teachers Mutual Bank Client Since 2025	 coles Client Since 2025	 the ORCHARD Client Since 2025		

# Our clients and team are our top priorities

## Client Satisfaction Survey Results

Year	Satisfaction rating	Survey questions
<b>2025</b>	<b>99.25%</b>	<b>11,007</b>
2024	99.45%	11,668
2023	99.50%	11,223
2022	99.20%	13,191
2021	99.15%	15,932
2020	98.87%	14,455
2019	99.08%	14,949

100% of our clients are reference sites

## Team Satisfaction Survey Results

Survey Date	Satisfaction rating
<b>Oct'25</b>	<b>96.86%</b>
Apr'25	98.60%
Oct'24	97.56%
Apr'24	97.41%
Dec'23	95.32%
Jun'23	97.66%
Dec'22	97.82%



"Every Seven consulting person I have ever worked with has been very good at what they do."



"Strong program delivery capability with the flexibility to scale up and down quickly to meet program and business needs. Look to continue to bring the best of the Seven ecosystem to clients to demonstrate the value-add."



"Very happy with the level of organisation and governance the Seven Project/Program Managers bring to our more complex initiatives."



"Seven Consulting continues to provide consultants who are of a very high calibre and they remain a strategic partner."



"Good people and a focus on support from the central organisation when required."



"We have been very impressed with the capability of consultants from Seven Consulting and this has significantly uplifted our project management maturity, discipline, capability and delivery across the organisation."



# How do we get to 98+% customer satisfaction?



## People

- Over 90%+ permanent workforce, tested extensively through a robust recruitment process.
- High employee engagement.
- Hands on owners that have delivered major programs.
- Training allowances and internal learning sessions, including sessions led by Rob Thomsett—our in-house Thought Leader.
- Comprehensive mentoring.
- 95% SAFe® qualified and internal trainers.



## Process

- Regular structured quality assurance of all assignments.
- Weekly review of all assignments' status.
- Industry leading Customer Satisfaction and NPS management.
- Bench support available at no cost to client.
- Holidays and illness cover for clients.



## Tools

- Dedicated project tools team.
- Program delivery approach designed with Pathfinder.
- Delivery approach risks defined with Pathfinder.
- Schedule integrity measured with HealthCheck Tool.
- Project reporting with dashboards and scorecards.
- Portfolio Optimisation Tool.

**All our clients are reference sites.**

# How our values impact our delivery?



## Teamwork

Teamwork is at the core of what we do because big projects can't be delivered without great teamwork.

We focus on ensuring that the Seven team, the client team and vendors create one team working seamlessly together.



## Transparency

Assumptions and poor communications kill projects, whereas openness is the foundation of good relationships and reliable delivery. We remain a completely independent consultancy.



## Delivery

A strong emphasis on outcomes focuses the team and grows confidence. With a confident attitude, expert personnel and effective teams we always deliver to our client's high expectations.

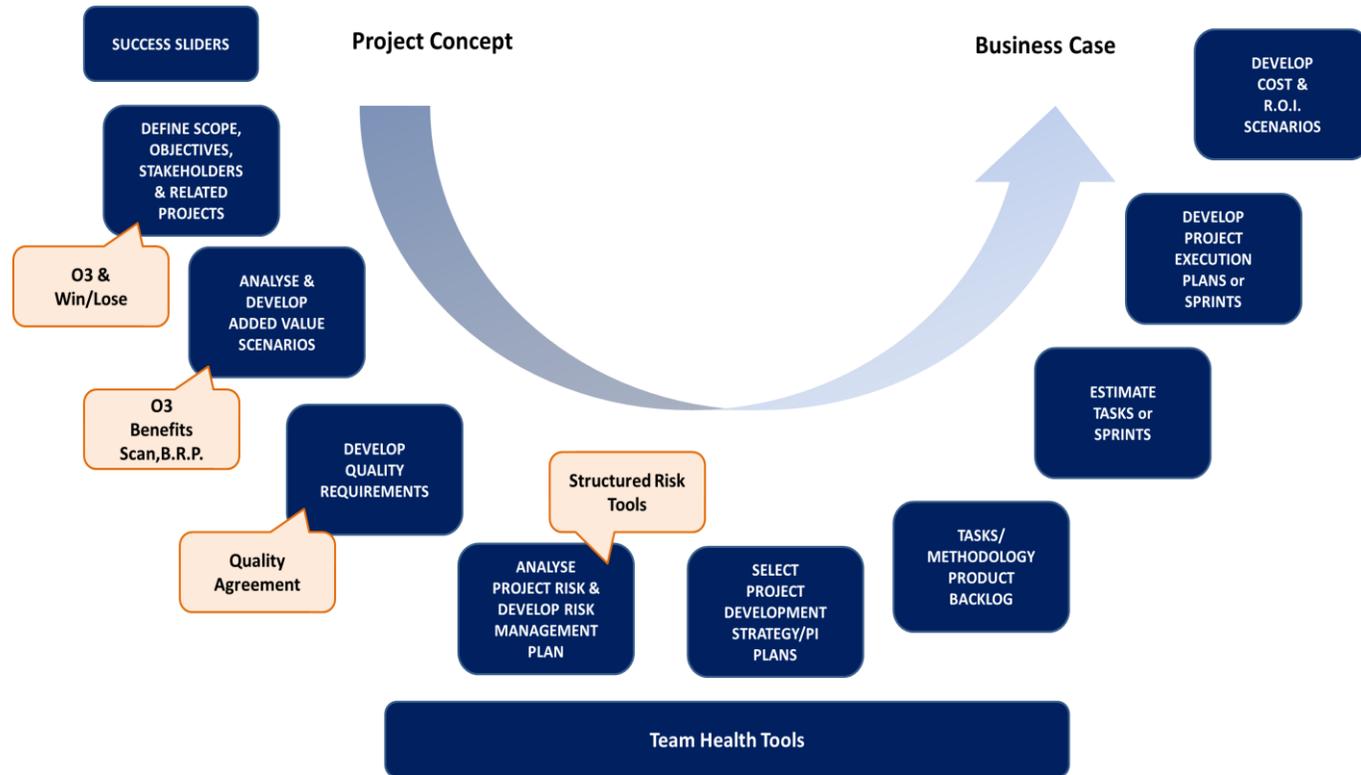
# Rob Thomsett's RAPid Planning processes

It is critical for projects to have strong foundations and for stakeholders to have a common understanding of the scope, quality, requirements, cost, time, benefits and team parameters in the very early stages of a project. It is also critical that the risk and stakeholder environments are examined and well understood.

Seven Consulting's Thought Leader Rob Thomsett has created a set of tools that can be leveraged either as part of a RAPid Planning (or RAP) process or individually to ensure that these foundations are in place.

These tools have been successfully leveraged across our clients including Woolworths, CBUS, Energy Australia, NAB, Future Fund, AMP and many more to vastly improve clarity and delivery outcomes from the start of the project.

These tools are outlined in this pack and the links to videos are provided.



Visit this link for more information  
<https://www.sevenconsulting.com/pm-plug-ins-video-series/>

# Rob Thomsett's Background



Rob's passion is to enable people within organisations to work in a more agile fashion to assist their organisation in achieving strategic goals faster and more effectively.

Rob has 45+ years of experience in project and change management. He specialises in innovative people-centric and agile models of project management and executive sponsorship. He is acknowledged as a thought leader and a highly-effective executive coach.

His pragmatic and transparent approach to project governance, benefits realisation, agile sponsorship and project management has been adopted by NAB across all bank project portfolios. Elements of this approach have been adopted by CBA, Future Fund and other leading international organisations.

Rob has several published books on project management, including **People & Project Management** (Prentice-Hall, NY, 1981), **Third Wave Project Management** (Prentice Hall, NY 1993), **Radical Project Management** (Prentice-Hall, NY, 2002), **The Agile Project Manager's Toolkit** (Apple iBook, 2013), **The Agile Sponsor** (Seven Consulting, 2015), and **The Real Benefits Management Workbook** (Seven Consulting, 2016).

Over many years, Rob has developed a set of tools to assist sponsors and project managers deal with the diversity of views from stakeholders and from within their teams. The tools were designed as a set of "lenses" to bring the differing views out, to encourage "fierce" conversations and to provide a common focus for those discussions.

They have been proven to bring alignment from stakeholders and teams to critical project management concerns such as scope, objectives, benefits, quality and risk at the initial planning stages. They also assist in the on-going management of change throughout the project. They should be considered as Plug-Ins designed to supplement your core PM skills and techniques not to replace them.

**PM Plug-In: Tool Set 1** – O3 and Benefits (basic),  
**PM Plug-In: Tool Set 2** – Sliders, Stakeholder Scan, Win/Lose.  
**PM Plug-In: Tool Set 3** – Quality Agreement, Risk Tool.

**PM Plug-In: Tool Set 4** – RAP (RAPid Planning) Facilitation.

## Project Success Sliders - O3 Tool

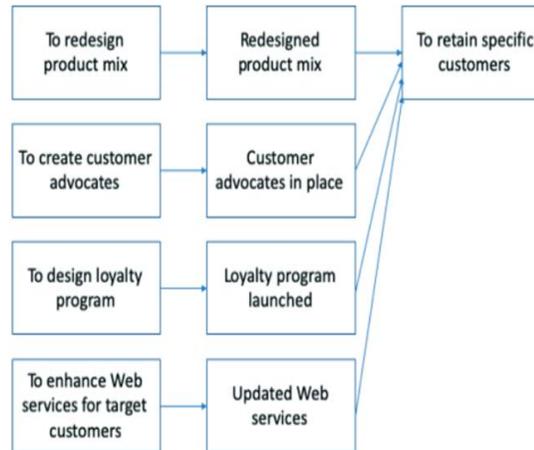
### Project Success Sliders



Project Success Sliders go beyond the traditional Scope, Time, Budget & Quality view of success. Using the WOL approach, they define project success in 7 dimensions. Each project will have a unique setting for success as determined by the project Sponsor before the project starts and is monitored and reported during the project.

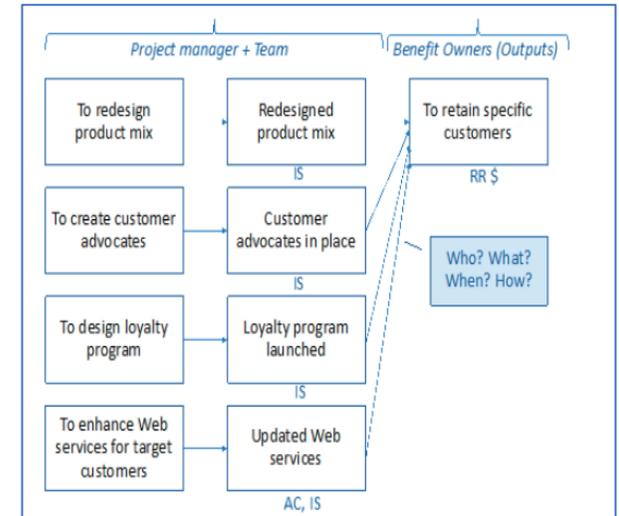
### O3 – Objectives, Outputs, Outcomes

Objectives → Outputs → Outcomes



All projects are about Outcomes and associated benefits. Project managers and teams must plan, analyse, design and deliver Outputs that directly lead to the benefits. The O3 model provides simple, yet powerful, view of how the overall project must be structured before, during and after delivery.

## Benefit Scans & Benefits Realisation



The O3 tool provides the basis for a Benefits Scan and Benefits Realisation Planning. All Outputs and Outcomes have an associated benefits.

Benefits Planning and Benefits Realisation are clarified by asking the simple questions. This identifies Benefit Owners and associated actions they need to take.

Visit this link for more information  
<https://www.sevenconsulting.com/pm-plug-ins-video-series/>

## Stakeholder Engagement

### Stakeholder scan

Stakeholder name / role	Impact (C: Critical, E: Essential, IP: Interested Party)	Comments
Mary Jones	C	Sponsor
John Smith	C	CIO
Head of Customer Engagement	C	Customer Engagement are the key Benefit Owners
Mary Kim	E	CFO
Edwin Loo	E	Architecture Group
Julie Jones	C	Change Management is critical
Ameila Thomson, HR Lead	IP	Needs to be kept informed

This tool enables a simple “triage” approach to determining the importance of various stakeholders. It also informs on communication strategies.

### Related Project scan

Related Project name	Impact C: Critical / E: Essential	Relationship Type (Organisation Impact, Shared Resources, Data, Function/process, Policy, Technology)
Project Gandalf	C	Data, Shared Resources
Project Amazon	C	Technology
Project Gaga	E	Function/Process

- Organisation Impact: Projects implementing in same business area at or around the same time.
- Shared Resources: Projects sharing the same person.
- Data: Projects linked by dependency upon data.
- Function/Process: Projects linked by a dependency on new process or business function.
- Policy: Projects linked by a dependency on new policy creation.
- Technology: Projects linked by a dependency on new technology provision.

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## Managing Stakeholders

### The Win/Lose tool

Critical Stakeholder	Organisation/People Impact		Mitigation Actions
	Win (on success)	Loss (on success)	
Customer Engagement Team	More products to retain customers	More complex product mix could increase difficulty in communication	Clear process manuals
		Job complexity could increase	Increase training and coaching
	Customer loyalty could increase retention	Increase in skill level could challenge some team members	

A simple but very powerful way of understanding the win/loss dynamic associated with your project is to carefully complete the Win/Lose tool from the perspective of at least all critical stakeholders.

## Quality Agreement

Attribute	Mandatory/N ot Mandatory	Comments
Conformity	M	
Usability / understandability	M	Given the complexity of the products, ease of understanding is critical
Efficiency	M	
Maintainability	M	
Reusability		
Flexibility		
Reliability / accuracy	M	Customer data accuracy is critical
Portability		
Auditability / security	M	
Job impact		

• Conformity or completeness -	The degree to which the product or service must meet the functional and technical requirements. Does it do what it is supposed to?
• Usability or understandability -	The ease of use and understanding of the new product or service. How easy is it for people to understand its purpose and use?
• Efficiency -	The degree to which the product or service must be efficient in its operation. How quickly can it operate?
• Maintainability -	The ease with which the product or service can be maintained as delivered by the team. How long does it take to correct errors and get the product working again?
• Flexibility or adaptability -	The ease with which the product or service can be changed or enhanced. How expensive is it and how long does it take to add new features?
• Reliability or accuracy -	The degree of errors and non-operation that can be tolerated by people using the new service or product. How long can you be without the product working? Can errors and work-arounds be tolerated?
• Reusability -	The amount of product components that need to be reused by other products. How much of it can be "recycled" into other uses?
• Portability -	The need for the product or service to operate in different operating environments or geographic regions taking into account the differences between these areas. Do you need it to conform to multiple country rules and governance? Does the software have to run on Macs and PCs?
• Auditability/security -	The ease with which the product or service can be audited and made secure from illegal access or fraud. What are the risks you need to design for?
• Job impact -	The degree to which the product or service can or cannot disrupt the existing working and social patterns of the clients or people who use the product. Do people have to adjust to the product or are you going to adjust the product for people?

The Quality Agreement provides a simple tool to explore "what quality means" for the Sponsor and stakeholders.

The tool also informs both Quality Management and Quality Control processes required during the project.

The Quality Agreement is aligned to recent ISO standards.

## Team Health Tools

### Team Cohesiveness Tool

CHARACTERISTIC	POOR	SOMEWHAT	AVERAGE	GOOD	EXCELLENT
Clear, elevating Goal			●		
Results-driven structure		●			
Competent team members				●	
Unified commitment			●		
Collaborative climate		●			
Standards for excellence		●			
External recognition and support			●		
Principled Leadership				●	

### Communication Effectiveness Tool

CHARACTERISTIC	RARELY	SOMETIMES	AVERAGE	ABOVE AVERAGE	ALWAYS
Listening to each other			●		
Use of Active Listening		●			
Acknowledgment and building				●	
Open-ness and honesty			●		
Avoidance of judgement		●			
Looking for points of agreement			●		
Avoidance of re-litigation				●	

Seven Consulting has developed a number of simple tools designed to assist project managers in diagnosing team health, identifying team behaviours that could be enhanced and for building better teams.

# Business Case Acceleration



## *Implementing PM Plug-Ins to accelerate and improve Business Cases*



CBUS Chief Information Technology Officer required a major re-set of a complex organisational merger project. The project was time-constrained and required intensive re-planning.



Seven Consulting drove a series of intensive Rapid Planning sessions (RAP) with the key Executive Leadership team in CBUS. Using the Objective-Output-Outcome (O3) tool, the associated Benefits Scan and Benefits Realisation, the Stakeholder and Related Project and the Quality Agreement.



These workshops effectively re-planned the project, aligned all critical stakeholders and were extremely well-received by the CBUS ELT. The Seven Consulting RAP process and associated PM Plug-Ins have been successfully deployed across 3 major CBUS projects and following a request from the C.I.T.O. are being integrated into the CBUS Project Management approach. The quality of CBUS Business Cases has improved together with greater stakeholder alignment and agreement.

# Enhanced Stakeholder Collaboration



## *Enabling Woolworths to embed PM Plug-Ins into EPMO increasing stakeholder engagement in planning*



Woolworths' CIO and EPMO required an uplift in engagement of critical business stakeholders in the planning and development of major project Business Cases.



Seven Consulting conducted a series pilots as a “proof of concept” of RAP sessions which embed the Objective-Output-Outcome (O3) tool, the Success Sliders, the Stakeholder and Related Project and Quality Agreement PM Plug-Ins integrated into the Rapid Planning approach (RAP). These pilots were positively received by senior Woolworths executives.



Given that the RAP process dramatically increased stakeholder buy-in and significantly reduced time to create approved Business Cases, Seven Consulting PM Plug-Ins and the RAP process are now embedded in the Woolworths EPMO practices and approaches. Project planning, Business Case development and critical stakeholder engagement have all been enhanced through use of the PM Plug-Ins. In addition, Seven Consulting also up-skilled EPMO and key project managers in the Plug-Ins and RAP process to ensure on-going adoption throughout Woolworths significant project portfolio.

# Benefits Management Uplift



## *Using PM Plug-Ins as the basis for an Enterprise Benefits Management Framework*



Deputy Vice-Chancellor and C.O.O. required a full Benefits Management Framework across \$250 million p.a. project portfolio



Seven Consulting built and piloted an ACU Benefits Management Framework using the Objective-Output-Outcome (O3) tool, the associated Benefits Scan and Benefits Realisation Plan. The O3 enabled the integration of Benefits Analysis and Planning into the A.C.U. Business Case, Project Management Framework and Project Prioritisation process. In addition, the Stakeholder and related Project Plug-Ins were also included in the BMF.



Following evidence that the BMF greatly increased stakeholder and sponsor buy-in, the integrated BMF approach to setting scope and objectives based on the O3 Plug-In has been successfully deployed across the A.C.U. Project Portfolio. This enabled clear planning, tracking, reporting of benefits status throughout the delivery cycle and facilitated benefits realization reporting.

# Examples of Seven Consulting practitioners



**Michael Bryant**  
Program Director

#### Achievements:

- As Program Director at SS&C, Michael was engaged to scope out and plan a Program of work to exit the Transitional Services Agreement (TSA) with Iress post the purchase of the Managed Funds Administration (MFA) business.
- As Program Director at NAB, Michael was responsible for the Citi integration of the Unsecured Lending (USL) Data Migration Stream customer and product data. He developed the integrated plan between the migration stream and platform build and commenced data mapping phase. Transitioned role to internal candidate to complete the construct and deploy phase of the delivery.
- As Program Director at MLC, Michael managed the MLC Wealth program to separate the Wealth business from NAB Group Michael managed delivery of separation activities to achieve Operational separation for the MLC business on 1 July 2020. In this role Michael was a member of the Separation Program Leadership Team. Separation was achieved as the team transitioned to working from home because of COVID19. The successful delivery of the program to date enabled the sale and transition of the MLC Wealth business to IOOF.
- As Program Director at Macquarie Bank, Michael was engaged to support the planning of the Capital and Liquidity E2E Transformation programs. Introducing the O3 (Objective/Output/Outcome) methodology the programs were able to identify their common scope and structure teams for delivery. He also established a new Capacity Planning and Delivery methodology for Enterprise Data Platforms using Jira Advanced Roadmap.
- **Thomsett Plug-Ins Practitioner: Level Certified**



**Paul Bernard**  
Program Director

#### Achievements:

- As Program Director at Australia Post, Paul designed and delivered delivery and assurance uplift and handover for 70 PMs across a multi-hundred million dollar portfolio spanning traditional and agile delivery. He developed “Agile@Post” playbook and playbooks for project controls.
- As Program Director at Invocare, Paul successfully transformed the agile digital delivery portfolio for Australia’s largest funeral care provider. Using elements of SAFe framework, bought together scaled agile cross-functional team of 40+ people across 5 organisations in 6 weeks and negotiated new contracts. He launched B2C e-commerce presence as part of overall digital enablement strategy for company.
- As Program Director at Woolworths, Paul Initiated digital employee experience transformation program. He ran vendor selection program and created business case for program mobilisation. High profile initiative reporting to SteerCo comprising CEO and majority of executive team.
- Ran program review and then executed turnaround for an agile O365 migration for a big 4 consultancy.
- As Program Director at Bank of Queensland, led the technology stream supporting the risk, compliance and regulatory requirements for the integration of the Me bank acquisition
- **Thomsett Plug-Ins Practitioner: Level Certified**

# Improve Project Success Rates with Pathfinder

1. Follow a consistent approach to customising and optimising project delivery based on each project's and organisation's key characteristics.
2. Reduce the level of project management oversights or omissions.
3. Identify delivery approach risks and mitigants.
4. Create a draft schedule in MS Project or JIRA with streams, phases, deliverables, tasks and dependencies.
5. Enable better project outcomes.
6. All in 30 minutes or less.



Visit us for more information:

<https://www.sevenconsulting.com/project-pathfinder/>

## Our projects so far:

Seven Consulting has been giving back to the wider community since 2007, by supporting our team and their families in voluntary projects to assist those who find themselves in need of help.

**2007**  
Villawood Detention Centre  
(Sydney)

**2008**  
South Australian Detention Centre  
(Sydney)

**2011**  
Cambodian School Build  
(Sydney)



**2012**  
Barnardos Kingston House  
(Sydney)



**2013**  
Youth off the Streets  
(Sydney)



**2015**  
• Jesuit Refugee House – Blaiket (Sydney)  
• Hanover Crisis Centre (Melbourne)



**2016**  
Marian Villa (Sydney)



### 2021 – Mini Project 7

In 2021, Seven Consulting continued to acknowledge the importance of fostering a community presence. Seven Consulting team members across three cities were able to participate in multiple mini projects throughout the year to fulfill our Project 7 commitment.



### 2020 – DONATION DRIVE

Project 7 gave back to the community, by donating \$104,000 across 29 charities, enabling these organisations to create real change in the lives of those who need it most.



### 2019

- Avalon Centre (Melbourne)
- Dignity.org.au (Sydney)
- Bahay San Jose – House with No Steps Foundation (Manila)



### 2018

- Erin's Place (Sydney)
- Concordia Childrens Services (Manila)
- M.A.D. Woman Foundation (Melbourne)



### 2017

- Launch Housing (Melbourne)
- Cerebral Palsy Foundation (MNL)



### 2022 – Mini Project 7

- M.A.D. Woman (Melbourne)
- *The pencil case challenge*
- Bahay ni Maria and Tahanan ng Pagmamahal (Manila)



### 2023 – Mini Project 7

#### Sydney & Melbourne

- Clean Up Australia
- HeartKids
- M.A.D. Woman
- Sydney**
- Balmoral Burn
- Monika's Rescue
- Pocket City Farms
- Manila**
- Solar Hope
- JCI Batangas Caballero



### 2024

- Sydney**
- Northern Beaches Women's Shelter
- Melbourne**
- Community Housing Limited
- **Manila**
- Habitat for Humanity Philippines
- Tanging Yaman Foundation Inc.



### 2025

- Sydney**
- CatholicCare
- Manila**
- A Home for the Angels
- Melbourne**
- Lighthouse Foundation





# SEVEN CONSULTING DELIVERY SUMMIT



The purpose of the Seven Consulting annual Delivery Summit is to share our clients' best practices in program and project delivery. It also serves as a celebration of success, a thank you, a training session, and a networking opportunity for our clients and their selected delivery leads.

## Some of the Delivery Summit Speakers include:

**John Hunt** - CIO & Managing Director of Group Enablement, Woolworths Group; **Jeya Shan** - Director Strategic Projects, CLP Power Hong Kong Limited; **Mick O'Brien** - Managing Director, EQT; **Darren Abbruzzese** - CIO Business Banking and Group Digital, NAB; **Glenn Waterson** - GM Retail Transformation, AGL; **Victoria Jones** - Head of Lending Transformation, ANZ; **Jane Harford** - Former Director of IT, Melbourne Girls Grammar; **Cindy Vandecasteele** - Former General Manager Customer Engagement, Alinta Energy; **Cameron McLean** - Former Chief Technology & Data Officer, GMHBA; **Margaret Wilde** - Program Director, NAB; **Geraldine Chin Moody** - Non-Executive Director & Chair Advisory Board, Directors Australia; **Alice Kunek** - Australian Professional Basketball Player, Seven Consulting Opals; **Kristy Wallace** - Australian Professional Basketball Player, Seven Consulting Opals

We have achieved an average NPS of 68 across our 6 Delivery Summits

## Our Delivery Summit Supporting Organisations



Visit us for more information: [www.sevenconsulting.com/seven-consulting-delivery-summit](http://www.sevenconsulting.com/seven-consulting-delivery-summit)



Following on from being the first dedicated sponsor of the Matildas, we continue to support world-class Australian women's teams with the Seven Consulting Opals, currently ranked No.2 in the world and Olympics world bronze medal winners.

We are extremely proud to be official sponsors of the Australian Women's National Basketball team, the Seven Consulting Opals.



Seven Consulting is a proud naming rights partner of the Australian Women's National Basketball team, the Seven Consulting Opals.





**Australia's Best Program Delivery Company**

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**Seven Consulting Pty Ltd** ABN 44 100 234 179

**SYDNEY** Level 13, 179 Elizabeth Street, Sydney, New South Wales 2000 **+61 (0)2 8267 5000**

**MELBOURNE** Level 5, 520 Collins Street a, Victoria 3000 **+61 (0)3 9617 8200**

**PHILIPPINES - MAKATI** Level 4, BDO Equitable Tower, 8751 Paseo de Roxas, Makati City, Philippines

**PHILIPPINES – ALABANG** Level 6, Asian Star Building, Asean Drive, Filinvest Corp City, Alabang, Muntinlupa City, Philippines

[www.sevenconsulting.com](http://www.sevenconsulting.com)